

**Child First Family Services** 

129 East Orange Street
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## **Transitioning to High School**

Tips to help students and parents with the transition!

Transitioning to any new situation is difficult for a student with Autism. Moving to the high school can bring on different anxieties. Groups begin to form. There are different social events and activities. Come to this workshop to find tips on how to survive this transition. Topics will include, but are not limited to:

- IEP Meetings Who to invite
- Visitations
- Social Media helpful tips for parents to know what is going on!
- Homework
- Meeting Teachers
- School Technology
  - 1. Email
  - 2. Websites
  - 3. Apps to help
  - 4. Google
- Services available
- Administration
- Social Activities/Clubs/Athletics
- Buses
- Routine new times, new classes, new teachers, new routine

The biggest mistake that a parent can make is to think, "He/She needs to do this on their own." Or "They are old enough to take this on themselves." Freshman year is the most difficult for most students. Let us help you be proactive in this upcoming event! If your student is in grades 4-9, you should attend this workshop for pointers to survive this transition!

**Presenter:** Bridgett Mead who is a proud mother of an autistic son who is now 21 years old and is a High School Special Education Teacher that is in charge of a transition program in her school district.

**When:** April 20th, 2016 from 6:30-8:00 PM

Where: Child First Family Services at 129 East Orange Street Lancaster, PA 17601

**Cost:** \$10 per family

If Interested in reserving your seat, please contact Kim Melhorn at Child First Family Services at 717-413-6960!